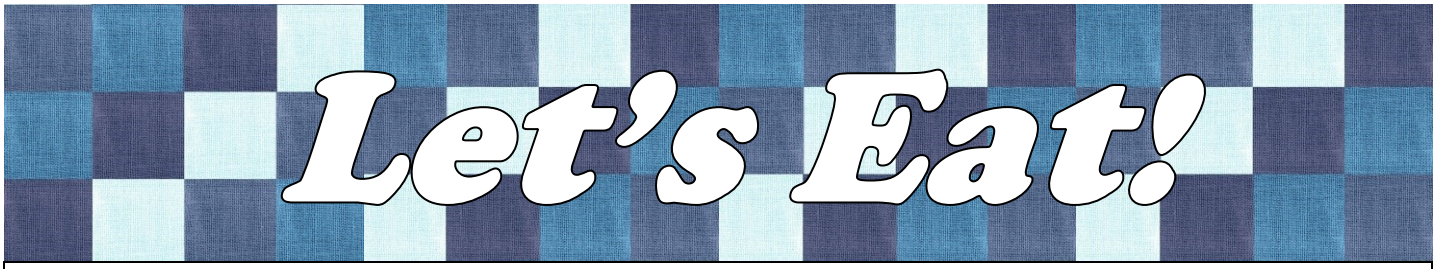

Menu for the Week of_____

	Breakfast	Lunch	Dinner
Mo			
Tu			
We			
Th			
Fr			
Sa			
Su			

Recipe Reference

Cookbook	Page #	Recipe Name